

Activities, Social Services and the MDS 3.0

According to CMS, the MDS 3.0 will DEFINITELY go into effect October 1, 2010.

While most training for the RAI process is usually focused on nursing and clinical aspects, ***this session will provide specific details in regard to responsibilities and process for the Social Worker and Activities/ Recreation Professional.*** This program will focus on providing information regarding the major areas of change, and impacts those changes will have on our current process. In the past few years, the Centers for Medicare and Medicaid Services (CMS) have made specific changes in surveyor guidance related to quality of life, activities, and psychosocial well-being. It comes as no surprise that the MDS 3.0 is now designed to

help nursing home staff look at residents holistically—as individuals for whom quality of life and quality of care are mutually significant and necessary. Nursing homes have found that involving disciplines such as dietary, social work, activities, physical therapy, occupational therapy, speech language pathology, and pharmacy in the RAI process has fostered a more holistic approach to resident care and strengthened team communication. What better way to meet an elder's needs than through that interdisciplinary approach? Cat Selman, who participated in various aspects in the development of this document, and having attended the CMS' Train the Trainer in Baltimore, MD, will be sharing the latest, most accurate guidance for the implementation of the MDS 3.0.



**THE HEALTHCARE
COMMUNICATORS
INCORPORATED**

P.O. Box 741

Madison, MS 39130

Phone (601)856-8775

Fax (601)856-1017

E-mail: HealthcareComm@aol.com

www.thehealthcarecommunicators.com

FACULTY: Catherine R. "Cat" Selman, BS, ACC

Ms. Selman, a featured speaker at AHCA, AAHSA, and numerous state association conferences, has provided educational offerings/presentations in all 50 states. She currently provides educator and consultant services to nursing facilities, corporations, & professional membership associations, as well as federal and state survey agencies throughout the nation. Cat is a qualified Social Worker & Certified Activity Consultant with over 30 years experience in the healthcare industry. Before founding The Healthcare Communicators, Inc. in 1988, she served as Corporate Activity & Social Work Consultant for 101 nursing homes in seven states.

Ms. Selman was a member of the CMS expert panel who developed the new surveyor guidelines for activities and quality of life requirements. Since 1989, she has served on numerous CMS Expert Panels, assisting in the development of surveyor training materials for new guidance affecting activities, quality of life, and psychosocial aspects of the survey process. If budget constraints force limits on the number of seminars your professional staff attend in 2010, this is the speaker and training that you do **NOT** want to miss!



Dates & Hotel Information

July 28, 2010

Crowne Plaza Hotel - Old Mill
655 North 108th Avenue
Omaha, Nebraska
(402)496-0850

July 30, 2010

Best Western Ramkota Hotel & Conference Center
3200 W. Maple Street
Sioux Falls, South Dakota
(605)336-0650

August 3, 2010

La Quinta Inn & Suites - Bloomington West
5151 American Blvd. West
Bloomington, Minnesota
(952)830-1300

August 5, 2010 - Bloomington, MN

This seminar is sold out. We have added an additional date in Bloomington on August 3rd. Please register for that session to assure seating.

Please call hotels directly for room reservations (if needed), and driving/ location directions.

Program Schedule

Registration: 8:00 a.m. - 8:30 a.m.
Presentation: 8:30 a.m. - 4:00 p.m.
Lunch: 12:00 p.m. - 1:00 p.m.
(On your own)

Fees: \$95.00 per person

Full payment **must** be made **prior** to attending session. Late Fee of \$20 will be required for any payment received after date of seminar. Attendance will not be guaranteed without payment. A \$35 fee will be charged for any NSF/returned checks. There will be no acknowledgement of your registration. You are enrolled, unless otherwise notified.

Only written requests for cancellation post-marked ten days prior to workshop will be honored. **Register EARLY - limited seating!** Please wear layered clothing if you tend to be cold-natured.

Register today!

Pay with credit/debit card online:
www.thehealthcarecommunicators.com

or

Mail payment to:

The Healthcare Communicators, Inc.
PO Box 741
Madison, MS 39130
Fax: (601)856-1017



Call (601)
497-9837

Registration Form

1. Activities, Social Services and the MDS 3.0
Indicate the date you would like to attend:

2. Indicate the location you would like to attend:

3. Attendee(s) Name & Title (Please print or type.)

4. Contact Information (Required):
(Please type or print clearly.)

Phone: () _____

E-Mail: _____

5. Mailing Address: (Please print or type clearly.)

Facility Name: _____

Address: _____

6. Payment Information:

Payment Enclosed - Amount: _____

Payment Coming from Corporate Office
Name of Company: _____

Additional Fee of \$20 is enclosed for College
CEUs (CTRS only)

Payment may be made per facility check, credit card, or money order. No personal checks will be accepted.

Checks & money orders should be made payable to:

The Healthcare Communicators, Inc.

PO Box 741

Madison, MS 39130

REGISTER ONLINE:

www.thehealthcarecommunicators.com

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AGENDA

8:00a.m.- 8:30a.m. Registration

8:30a.m.- 9:00a.m. Introduction to MDS 3.0/Overview of the MDS 3.0

- The MDS 3.0 Document Care Area Assessment Process
- Utilization Guidelines
- Problem Identification
- Components

9:00a.m.- 10:00a.m. Coding Changes/Coding Instructions: Implications and Responsibilities for the Activities & Social Services Departments

- Section A – Identification Info
- Section B – Hearing, Speech, & Vision
- Section C – Cognitive Patterns
- Section D - Mood

10:00a.m.-10:15a.m. **BREAK**

10:15a.m.-12:00p.m. Continuation of Coding Instructions:

- Section E – Behavior
- Section F – Preference for Customary Routine & Activities
- Section G - Functional Status

12:00 p.m. – 1:00 p.m. **LUNCH**

1:00 p.m.-2:30 p.m. Continuation of Coding Instructions:

- Section H – Bladder & Bowel
- Section I – Active Diagnoses
- Section J – Health Conditions
- Section K – Swallowing Nutritional Status

- Section L – Oral Dental Status
- Section M – Skin Condition

2:30 p.m.-2:45 p.m. **BREAK**

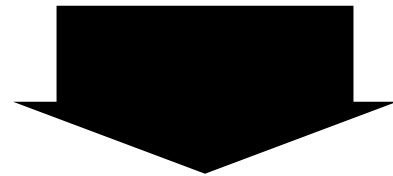
2:45 p.m.-3:15 p.m. Continuation of Coding Instructions

- Section N – Medication
- Section O – Special Treatment, Programs & Procedures
- Section P – Restraints
- Section Q – Participation in Assessment & Goal Setting
- Section V – Care Area Assessment Summary
- Section Z – Assessment Administration

3:15p.m.- 4:00pm. Relationship of MDS 3.0 and the Comprehensive Care Plan (Activities & Social Services Components)

- Care Area Assessments (CAAs)
- Care Area Triggers (CATs)

4:00p.m.- 4:15p.m. Evaluations and Award of Continuing Education Certificates



You may now register online for any of our seminars/workshops:
www.thehealthcarecommunicators.com

Continuing Education Credit

Six (6) hours of continuing education credit has been approved for the following disciplines:

- Licensed Nursing Home Administrators (NAB Approval)
- Registered and Licensed Practical Nurses - (6.25 hours) This continuing nursing education activity was approved by the Mississippi Nurses Foundation, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- Certified Activity Professionals (NCCAP)
- Licensed Social Workers - (National Board - NASW)
- Certified Therapeutic Recreation Specialists (CTRS) - College CEUs are available for purchase through the University of TN - .6 CEUs *Additional fee of \$20.00*



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Cat Selman.....
You've heard her at
conferences...now come
learn with her at a full-day,
6 hour, intensive training!

Activities, Social Services and the MDS 3.0

At the recent "Train the Trainer" session for the MDS 3.0 in Baltimore, MD, CMS stated *adamantly* that the implementation date for this newly revised document was firm - October 1, 2010. There will be no further delays! As is the case in many instances, professional trainings for this newly revised document are geared for nurses, and more specifically, the MDS Coordinator. However, some of the most significant changes to this document fall within the function and responsibility of the Social Worker and Activity/Recreation Professional. As a result, Cat Selman has put together a training that is designed specifically for those disciplines.

This is an educational offering on the MDS 3.0 that will provide the Social Worker and Activity/Recreation Professional with more than the usual "15 minutes" that are given to these two disciplines in other trainings. In addition to general section items, Cat will address the BIMS, Mood State and Depression, Preference for Customary Routine and Activities, as well as one of the most significant changes involving Social Services: Discharge Planning/Return to Community.

This training session will **NOT** just focus on coding of the MDS 3.0! Cat will be providing guidance as to what the specific coded items will indicate for care plan development, delivery of services and survey process for the activity/recreation and social service departments.

**Training DVDs from this session will be
available for purchase on-site and at
www.thehealthcarecommunicators.com**