

1 **The Movement of the Activity Profession**

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2 **NAAP Mission Statement**

The National Association of Activity Professionals: To provide excellence in professional support services for Activity Professionals in the promotion of standards, ethics, competencies, education, and advocacy.

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3 **NAAP Values**

The National Association of Activity Professionals recognizes the following values:

- NAAP supports quality of life through person-centered care practices is the primary reason for our services.
- NAAP champions the cultural and educational backgrounds of its members and values diversity in quality of life.
- NAAP directs advocacy and research which furthers the definition and support to the Activity Profession.
- NAAP values the development and maintenance of coalitions with organizations whose mission is similar to that of NAAP's for the purpose of advocacy, research, education, and promotion of activity services and the profession.
- NAAP encourages members to become involved at the state and local levels with promoting professional standards and competencies.

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4 **NAAP Vision Statement**

NAAP: Quality of Life through Action

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5 **NAAP Scope of Practice**

Activity Professionals provide activity services and programs, which enables each individual to maximize his/her desired potential and personal interest in activity participation. The provisions of activity programs and services are primarily, but not limited to, the geriatric

populations who live in a variety of health care settings that may include other populations with special needs. The clients we serve, the settings in which services are provided, and the services we provide are based on the needs of the populations we serve. The activity practice is based on assessment, development, implementation, documentation, and evaluation of the programs provided. In addition, the unique interests, physical, mental and psychosocial needs of each individual served is the highest importance throughout the creation and implementation of all activity services. Activity Professionals may provide some, many, or all of these services to the clients within their chosen setting. The extent to which services are provided is directly related to the setting in which the Activity Professional works. Activity services are directed and provided by professionals who are trained, qualified, and/or certified to provide these activity services.

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6 **NAAP Standards of Practice**

Developed by the National Association of Activity Professionals, It is the responsibility of the Activity Professional to implement, supervise, and evaluate all activity programming designed to meet the individual's current interests, choices, preferences, and abilities.

These programs should be holistic in nature and include physical, intellectual, social, spiritual, and recreational activities. These activity services shall be provided by professionals who are trained, qualified, and/or certified to provide such programming. Activity Professionals are responsible within long term care communities in the development, implementation, and evaluation of an activity program which meets/exceeds federal, state, and local regulations and facility policy. These standards will assist the Activity Professional in successful application in providing a variety of services to the clients/residents whom they serve.

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7 **NAAP Standards of Practice**

8 **Standard 1: Principles for Quality Programming**

- The Activity Professional will provide individualized assessment, therapeutic programs and services - regardless of race, religion, spirituality, ethnic origin, social status, marital status, gender, sexual orientation, age, health status or payment source – which assists the

resident in achieving and maintaining their highest practicable level of physical, intellectual, psychosocial, emotional, and spiritual well-being.

- The Activity Professional assists the resident in maintaining contact and interaction with the community, previous life patterns, and routines.

9 **Standard 2:**

Resident Programming, Participation, and Involvement

- The Activity Professional will implement an ongoing person-centered program that incorporates the resident's interests, hobbies, and cultural preferences which is integral to maintaining and/or improving a resident's physical, mental, and psychosocial well-being and independence.
- The Activity Professional will create opportunities for each resident to have meaningful life by supporting their domains of wellness including security, autonomy, growth, connectedness, identity, joy, and meaning.
- The Activity Professional will enable residents to participate in the development and implementation of their own plan of care, as well as making independent decisions.

10 **Standard 2:**

Resident Programming, Participation, and Involvement

- The Activity Professional will support residents to maximize their potential in activity participation through adaptation, cues/prompts, protection from undue interruption, and assistance in rescheduling of other events that may interfere with the residents' ability to participate in activities of their choice.
- The Activity Professional will assist the resident in maintaining contact and interaction with the community to facilitate feelings of connectedness and involvement in life-long interests.

11 **Standard 3:**

Interventions and Engagement Techniques

- The Activity Professional assists the resident in the transition process of community life by encouraging social interaction through introductions to other residents with common interests.
- The Activity Professional will keep the residents and families connected through special events, newsletters, social media and

correspondence per community policy.

- The Activity Professional will offer opportunities for individuals to learn new skills that will allow for resident to be creative and expressive.

12 **Standard 3:
Interventions and Engagement Techniques**

- The Activity Professional provides interventions that are individualized and customized based on the resident's previous lifestyle, preferences, and comfort.
- The Activity Professional offers activity programs and services in which the resident can succeed in meeting the physical, mental, social, spiritual, and emotional needs.

13 **Standard 4:
Care Planning and Documentation**

- The Activity Professional conducts a comprehensive assessment/profile for each resident in an effort to determine their past and present activity related needs, interests, preferences, and abilities.
- The Activity Professional develops an individualized, interdisciplinary activity plan for each resident which is based on the assessment/profile designed to enable each resident to achieve and/or maintain their highest practicable level of well-being.
- The Activity Professional continuously evaluates and documents the individual's response to the activity plan and revises the plan as needed.
- The Activity Professional works closely with interdisciplinary team members to design interventions that support the resident's preferences and goals.

14 **Standard 4:
Care Planning and Documentation**

- The Activity Professional maintains resident's records in an accurate, confidential and timely manner.
- The Activity Professional follows company policies and procedures in formatting such records. In the absence of company policy the appropriate state and/or federal guidelines should be followed.

- The Activity Professional will not falsify any documentation pertaining to official clinical records of the resident.

15 **Standard 5:**

Qualifications, Credentials, and Professional Development

- The Activity Professional participates in continuing education opportunities, strive for professional competence and excellence in all matters and ensure accurate resumes.
- The Activity Professional will be qualified per the state and federal regulations to direct the programs and services provided.
- The Activity Professional is responsible for directing the development, implementation, supervision, and ongoing evaluation of the activities program and services.

16 **Standard 6: Ethics, Confidentiality, Legal**

- The Activity Professional treats residents, interdisciplinary team members, and professional peers with regard toward personal dignity at all times.
- The Activity Professional respects and protects the civil, legal, and human rights of the individual, interdisciplinary team members and professional peers at all times.
- The Activity Professional reports abuse, neglect, and exploitation per community policy.
- The Activity Professional treats any information about the individual as confidential and is only shared with other staff and volunteers within the scope of their job duties.
- The Activity Professional complies with all applicable federal and state laws regarding the provision of services to the individuals they serve.

17 **Standard 7:
Quality Management/
Administration**

- The Activity Professional maintains policies and procedures based on regulatory requirements, facility/company requirements, and standards established by professional organizations and accrediting agencies.
- The Activity Professional develops and maintains an ongoing quality assurance program which effectively evaluates the programs and

services provided.

- The Activity Professional educates and trains staff regularly regarding activity interventions and provides consistent access to activity materials, supplies, and kits for use by other staff, family members and volunteers.
- The Activity Professional ensures that activity department staff are competent to perform their job duties as assigned.
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18 **Standard 7:**

**Quality Management/
Administration**

- The Activity Professional (Director) will strive to provide opportunities for continuing education and maintaining credentials as needed for activity department staff.
- The Activity Professional provides education and training as needed for other department staff in order to comply with guidelines set forth by federal and state regulatory agencies.
- The Activity Professional will support professional peers and promote colleagues' leadership roles.

19 **Standard 7:**

**Quality Management/
Administration**

- The Activity Professional will treat persons they supervise with dignity and respect while protecting their rights and providing accurate and fair evaluations.
- The Activity Professional strives to maintain open channels of communication with administration, interdisciplinary team members, volunteers, families, residents, and professional peers.
- The Activity Professional strives for accurate and truthful communication in all interactions.

20 **Standard 8:**

Professionalism

- The Activity Professional maintains high standards of personal conduct and professional integrity.
- The Activity Professional treats colleagues with professional courtesy.

- The Activity Professional encourages professional peers and colleagues to participate in professional associations and accept leadership roles.
- The Activity Professional obeys the Code of Ethics governing all professional associations.
- The Activity Professional will not falsify any documents pertaining to their credentials and/or professional organizations.

21 **NAAP Code of Ethics**

- The National Association of Activity Professionals' Code of Ethics is to be used as a guide for promoting and maintaining the highest standards of ethical behavior. This code applies to all Activity Professionals. The term Activity Professional refers to Activity Directors, Activity Assistants/Aides, Life Enrichment Directors. Acceptance of membership in the National Association of Activity Professionals commits a member adherence to these principles.

22 **NAAP Code of Ethics**

- Principle 1: Beneficence
- Principle 2: Non-Maleficence
- Principle 3: Autonomy
- Principle 4: Justice
- Principle 5: Fidelity
- Principle 6: Veracity
- Principle 7: Quality of Life
- Principle 8: Confidentiality
- Principle 9: Competence
- Principle 10: Compliance with Laws and Regulations
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23 **Principle 1: Beneficence**

- Activity Professionals shall treat persons served in an ethical manner by actively making efforts to provide for their well-being by maximizing their quality of life.

24 **Principle 2:
Non-Maleficence**

- Activity Professionals have an obligation to use their knowledge, skills, abilities, and judgement to help persons while respecting their

- decisions and protecting them from harm.
- 25 **Principle 3:
Autonomy**
- Activity Professionals have a duty to preserve and protect the right of each individual they serve to make his/her own choices. Each individual is to be given the opportunity to determine his/her own course of action in accordance with their plan of care. If there are individuals who are unable to exercise autonomy with regard to their care, Activity Professionals have the duty to respect the decisions made by their legal representatives.
- 26 **Principle 4:
Justice**
- Activity Professionals are responsible for ensuring that individuals are served fairly and that there is equity in the distribution of activity programs and services. Individuals should receive services without regard to race, color, creed, gender, sexual orientation, age, disease/disability, social and financial status.
- 27 **Principle 5:
Fidelity**
- Activity Professionals have an obligation, first and foremost, to be loyal, faithful, and meet commitments made to the individual they serve. In addition, Activity Professionals have a secondary obligation to colleagues, agencies, and the profession.
- 28 **Principle 6: Veracity**
- Activity Professionals are truthful and honest. Deception, by being dishonest or omitting what is true, with intent for harm or self-gain is a violation of this principle.
- 29 **Principle 7:
Quality of Life**
- Activity Professionals provides programs and services based on the individualized assessment in accordance with local, state, and federal regulations. Professionals are responsible for providing each individual program or service that are holistic in nature and include: physical, intellectual, social, spiritual, and recreational opportunities.
- 30 **Principle 8:**

Confidentiality

- Activity Professionals have a duty to disclose all relevant information to persons seeking services: they also have a corresponding duty not to disclose private information to third parties. If a situation arises that requires disclosure of confidential information about an individual the professional has the responsibility to inform the individual served of the circumstances.

31 **Principle 9:**

Competence

- Activity Professionals have the responsibility to maintain and improve their knowledge related to the profession and demonstrate current, competent practice to persons served.

32 **Principle 10:**

Compliance with Laws and Regulations

- Activity Professionals are responsible for complying with local, state, and federal laws, regulations and the NAAP Standards of Practice.

33 **Points to Ponder**

34 **Where are we now?**

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36 **Where are we going?**

- 2020 is the year we provide an experience powered by technology without sacrificing human connection.
 - The empowered customer
 - Data-driven decision making
 - The Physician's changing role
 - Ushering in simpler, more personalized and affordable care

37 **Where are we going?**

- What is in store for 2021 and beyond?
 - Cultural Diversity
 - Quality of Life Interventions
 - Technology based
- National Conference "10,000 Possibilities!" April 20 – 23, 2021
- The Future of Activities!

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38 **The Many Points of Care**

- Where is point of care? Here? There? Nope. Everywhere! The point of care (POC) has been steadily shifting away from where the clinic exists to wherever the patient goes. Advances in digital care connections and the growth of new customer segments have opened up entirely new ways to make healthcare more scalable and accommodating to both baby boomer demands and millennial disruption.

39 **Healthcare Delivery**

- Healthcare delivery will be continually reshaped by healthcare consumerism. The industry will have to rethink not just engagement experiences but the very concept of care.

40 **In Conclusion**

Quality of care is part of Quality of life!