

Assisted Living – Program Description

- Provide culturally sensitive programs
- Have a daily program of social and recreational activities that are based upon individual and group interests, physical, mental, and psychosocial needs, and that creates opportunities for active participation in the community at large

Activity Evaluation Components

- Past and current interests
- Current abilities and skills
- Emotional and social needs
- Physical abilities and limitations
- Adaptations necessary for the resident to participate
- Identification of activities for behavioral interventions

Activity Plan Components

Activity Plan must be developed for each resident based on their Activity Evaluation

A selection of daily structured and non-structured activities must be provided and included on the resident's activity service or care plan as appropriate with daily options to include:

- Occupational or chore related tasks
- Scheduled or planned events including entertainment and outings
- Spontaneous activities for enjoyment or to diffuse a behavior
- One-to-one activities that encourage positive relationship between resident, and staff
- Spiritual, creative and intellectual activities
- Sensory Stimulation activities
- Physical activities that focus on ability to move or maintain movement

**Non-Pharmacological practices that are person-centered and evidenced-informed
(See Non-Pharmacological and Non-structured Activities Handout)**