

Residents' Rights

In Minnesota, all people living in a long-term care community have legally protected rights as residents.



A Brief History of Celebrating Residents' Rights:

1981: Originated as Resident Rights week. Nursing home residents also persuaded Congress to designate a "Residents' Rights Day."

1987: Nursing Home Reform Law enacted. It promises quality of life, quality of care, and rights for each person.

2006: Assisted Living Title Protection was enacted as 1446.01.

2011: Residents' Rights Week was expanded to Residents' Rights Month.

2021: New Minnesota Assisted Living License 144-G was put into law.

Nursing Homes:

The federal Nursing Home Reform Law guarantees the rights of individuals living in nursing homes.

Assisted Livings:

Minnesota statute 144-G protects the rights of individuals living in assisted livings.

Discussion Questions:

- Which resident right is most important to you?
- How can you exercise your rights as a resident?
- How can your community support a better understanding of your rights?

You can learn more on how this celebration came to be at:

<https://theconsumervoice.org/uploads/files/events/History-of-RRM2024.pdf>

Contact the Office of Ombudsman for Long-Term Care

Phone: 651-431-2555 Toll-free: (800) 657-3591 Website: mn.gov/ooltc

Resident Rights Trivia

1. What Year was the Assisted Living Licensure passed?
 - a) 1990
 - b) 2019
 - c) 2023
2. If you are making a written complaint, what right are you exercising?
 - a) Right to come and go freely
 - b) Right to control resources
 - c) Right to grievances and inquiries
3. When can you receive a copy of your resident rights?
 - a) When you request a copy
 - b) Upon admission
 - c) All the above
4. A Nursing Home is required by law to provide services and activities to residents:
 - a) "...to attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident in accordance with a written plan of care..."
 - b) "...to the best of the staff's ability based upon the number of staff available..."
 - c) "...to the standards set forth according to each state's Nursing Home Regulations Board..."
5. In which area is a Long-Term Care facility NOT required to provide a list of resident rights?
 - a) On the back of the door to the resident's room
 - b) In the admission packet
 - c) In a place readily accessible to residents, family members, and legal representatives of residents
6. How many Federal Nursing Home Resident Rights and State Assisted Living Resident rights are there?
 - a) 8 for Nursing Home residents and 11 for Assisted Living Residents
 - b) 16 for Nursing Home residents and 24 for Assisted Living Residents
 - c) 12 the same for both Nursing Home residents and Assisted Living Residents

Answers: 1=B; 2=C; 3=C; 4=A; 5=A; 6=B