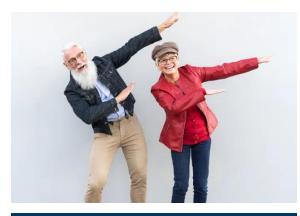
Office of Ombudsman for Long-Term Care

Know Your Rights

Residents' Rights

In Minnesota, all people living in a long-term care community have legally protected rights as residents.



A Brief History of Celebrating Residents' Rights:

1981: Originated as Resident Rights week. Nursing home residents also persuaded Congress to designate a "Residents' Rights Day."

1987: Nursing Home Reform Law enacted. It promises quality of life, quality of care, and rights for each person.

2006: Assisted Living Title Protection was enacted as 1446.01.

2011: Residents' Rights Week was expanded to Residents' Rights Month.

2021: New Minnesota Assisted Living License 144-G was put into law.

Nursing Homes:

The federal Nursing Home Reform Law guarantees the rights of individuals living in nursing homes.

Assisted Livings:

Minnesota statute 144-G protects the rights of individuals living in assisted livings.

Discussion Questions:

- Which resident right is most important to you?
- How can you exercise your rights as a resident?
- How can your community support a better understanding of your rights?

You can learn more on how this celebration came to be at: <u>https://theconsumervoice.org/uploads/files/events/History-of-RRM2024.pdf</u>

Contact the Office of Ombudsman for Long-Term Care

Phone: 651-431-2555 Toll-free: (800) 657-3591 Website: <u>mn.gov/ooltc</u>

Resident Rights Trivia

- 1. What Year was the Assisted Living Licensure passed?
- a) 1990
- b) 2019
- c) 2023

2. If you are making a written complaint, what right are you exercising?

- a) Right to come and go freely
- b) Right to control resources
- c) Right to grievances and inquiries
- 3. When can you receive a copy of your resident rights?
- a) When you request a copy
- b) Upon admission
- c) All the above

4. A Nursing Home is required by law to provide services and activities to residents:

- a) "...to attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident in accordance with a written plan of care..."
- b) "...to the best of the staff's ability based upon the number of staff available..."
- c) "...to the standards set forth according to each state's Nursing Home Regulations Board..."
- 5. In which area is a Long-Term Care facility NOT required to provide a list of resident rights?
- a) On the back of the door to the resident's room
- b) In the admission packet
- c) In a place readily accessible to residents, family members, and legal representatives of residents

6. How many Federal Nursing Home Resident Rights and State Assisted Living Resident rights are there?

- a) 8 for Nursing Home residents and 11 for Assisted Living Residents
- b) 16 for Nursing Home residents and 24 for Assisted Living Residents
- c) 12 the same for both Nursing Home residents and Assisted Living Residents

Answers: 1=B; 2=C; 3=C; 4=A; 5=A; 6=B